

## USEFUL LINKS / SIGNPOSTS LEARNING DISABILITIES

Organisation Type	Organisation Name	Address	Telephone No./ website link	Brief Description
Autism advice	The National Autistic Society	393 City Road London EC1V 1NG	Tel: 0845 070 4004  Website: <a href="http://www.nas.org.uk">www.nas.org.uk</a>	Information and advice for people and families with autistic spectrum disorders.
Learning Disabilities Portal	Connects		Website: <a href="http://www.connects.org.uk">www.connects.org.uk</a>	This website is designed for anyone with an interest in mental health or learning disabilities.
Learning Disability Support Service	BILD (British Institute of Learning Disabilities)	Campion House Green Street Kidderminster Worcestershire DY10 1JL	Tel: 01562 723010  Website: <a href="http://www.bild.org.uk">www.bild.org.uk</a>	General information, advice and resources.
Learning Disability Support Service	MENCAP	123 Golden Lane London EC1Y 0RT	Tel: 020 7454 0454  Website: <a href="http://www.mencap.org.uk">www.mencap.org.uk</a>	National advice and support provider.
Mental health charity in England	MIND	Mind PO Box 277 Manchester M60 3XN	Tel: 0845 766 0163 Website: <a href="http://www.mind.org.uk">www.mind.org.uk</a>	Offering confidential help to callers.

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A national rights organisation led by disabled people	CHANGE	Unity Business Centre Units 19 & 20 26 Roundhay Road Leeds LS7 1AB	Tel: (0113) 243 0202 Tel: (minicom) (0113) 243 2225 Fax: (0113) 243 0220  Website: <a href="http://www.changepeople.co.uk">www.changepeople.co.uk</a>	Offering advice and support to people with learning disabilities, particularly those who are deaf or blind.
Federation of Independent Patients Councils, Advocacy Projects and User Forums for Mental Health Service Users.	UK Advocacy Network (UKAN)	Volsolve House 14-18 West Bar Green Sheffield S1 2DA	Contact via website: <a href="http://www.u-kan.co.uk">www.u-kan.co.uk</a>	Offering advice and networking for any new mental health services groups.